

OCT.  
24TH  
2009

Presented by **USA KARATE**

REGISTER  
TODAY!



- Tournament Date:** Saturday, October 24, 2009
- Location:** Edmonds Homeschool Resource Center  
23200 100th Ave W.  
Edmonds, WA 98020
- Time:** Check-in: 8:00 am  
Events begin: 9:00 am
- Registration Fees:** 1 Event: \$50 \$10.00 for Each Additional Event
- Synchronized Kata:** \$30.00 per team
- Entry Deadline:** Register by October 10, 2009 for best rate.  
Forms received afterwards will be charged \$15.

Complete both the athlete registration form and the athlete waiver form and return with check to:  
**WA Karate Services C/O USA Karate**  
**1535 N.E. 177th St. Shoreline, WA 98155**

**Payments:** Make checks or money orders payable to the WA Karate Services. A \$25.00 fee will be charged for all returned checks. Sorry, we are unable to accept credit cards.

**Rules:** Modified Traditional Karate-do International rules will be in effect.

**Dress Code:** Athletes must wear a solid white gi. Sleeves and pants must be hemmed to appropriate length. (No rolled up sleeves or pant legs) One organization Karate patch may be worn on the left chest. Officials must wear grey slacks, a white shirt, a blue or red tie, black shoes, and a blue blazer. Coaches must wear coach's attire, athletic shoes, and a team or coaches' shirt or jacket.

**Mandatory Equipment:** Helmets with attached face shields for all athletes 18 and under, mouth guards for all, groin cups for all male fighters, naugahyde knuckle pads for all, red, blue or white is acceptable. (No dipped foam or elastic cloth hand pads). Proper uniform and mandatory equipment required to participate.

**Optional Equipment:** Shin and instep guards for juniors, shin guards for adults, chest protectors for female & junior fighters, certified sport glasses with strap or soft contact lenses only, face shields attached to helmets for adults.

**Disallowed items:** Headbands, jewelry, colored t-shirts, metal hair clips. No long and/or dirty fingernails, or rolled up sleeves and/or pant legs.

For more information, please call 206.440.5533  
or visit our website at [www.usakaratedojo.com](http://www.usakaratedojo.com)