

OCT.
23RD
2010

Presented by **USA**KARATE

ATHLETES
IN
ACTION



Tournament Date:
Saturday, October 23, 2010

Location:
Edmonds Homeschool
Resource Center
23200 100th Ave W.,
Edmonds, WA 98020

Time:
Check-in: 8:00 am
Events begin: 9:00 am

Competition Includes
KATA • KUMITE
KOBUDO
TEAM EVENTS
*Watch some of the Finest
Karate Athletes in Action!*

Tickets at the door
General Admission
Suggested Donation
Adults - \$5.00
10 & Under - \$3.00



For more information, please call 206.440.5533
or visit our website at www.usakaratedojo.com

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REGISTER
TODAY!

Presented by
USA KARATE

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- Location:** Edmonds Homeschool Resource Center
23200 100th Ave W.
Edmonds, WA 98020
- Time:** Check-in: 8:00 am
Events begin: 9:00 am
- Registration Fees:** 1 Event: \$50 \$10.00 for Each Additional Event
- Synchronized Kata:** \$30.00 per team
- Entry Deadline:** Register by October 10, 2009 for best rate.
Forms received afterwards will be charged \$15.

Complete both the athlete registration form and the athlete waiver form and return with check to:

WA Karate Services C/O USA Karate
20126 Ballinger Way NE, PMB #222
Shoreline, WA 98155

Payments: Make checks or money orders payable to the WA Karate Services. A \$25.00 fee will be charged for all returned checks. Sorry, we are unable to accept credit cards.

Rules: Modified Traditional Karate-do International rules will be in effect.

Dress Code: Athletes must wear a solid white gi. Sleeves and pants must be hemmed to appropriate length. (No rolled up sleeves or pant legs) One organization Karate patch may be worn on the left chest. Officials must wear grey slacks, a white shirt, a blue or red tie, black shoes, and a blue blazer. Coaches must wear coach's attire, athletic shoes, and a team or coaches' shirt or jacket.

Mandatory Equipment: Helmets with attached face shields for all athletes 18 and under, mouth guards for all, groin cups for all male fighters, naugahyde knuckle pads for all, red, blue or white is acceptable. (No dipped foam or elastic cloth hand pads). Proper uniform and mandatory equipment required to participate.

Optional Equipment: Shin and instep guards for juniors, shin guards for adults, chest protectors for female & junior fighters, certified sport glasses with strap or soft contact lenses only, face shields attached to helmets for adults.

Disallowed items: Headbands, jewelry, colored t-shirts, metal hair clips. No long and/or dirty fingernails, or rolled up sleeves and/or pant legs.

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