

USA KARATE ACADEMY

USA Karate Academy

Announcements, Events, Tournament News



Happy warmer weather! We hope everyone is enjoying the longer days. Spread the exuberance of the season and tell your friends and family to try karate. It's a great way of life!

From the desk of Shihan Joni

Tuesday, June 13, 2017

Greetings to all our students, parents, family members, and friends,

We have so much to be grateful for and many exciting opportunities to look forward to. Congratulations to all our graduates, from pre-school all the way to grad school. I am so proud of all our dojo members who are making great strides toward their life-long goals.

Our karate community may be unaware that we offer custom Self-Defense Workshops. This year, we have delivered 6 such workshops to the community. If you have family or friends interested in their very own private personal protection workshop, the structure of the class will touch on situational awareness, street smarts, boundary setting, body language, and hand-to-hand personal protection skills. Workshops are 1.5-2 hours long, set by appointment, and cost approximately \$20/person.

Looking forward to summer, we have 4 athletes preparing to attend the AAU Karate nationals in Raleigh, North Carolina and 6 planning to attend the Japan Itosu-Ryu Karate-do International Federation Championships in Shang-Hai, China. We are excited for our students to have these opportunities in sport karate. We hope to have the support of our dojo members and our community at large as we plan a Silent Auction & Dinner at the Lake Forest Park Civic Club, August 4th. Your support will be essential in gathering items for the auction as well as attending the event. Details have been sent to our members via email.

Prepare for an exciting and life-changing training opportunity with Grand Master Danny Lane. This July, Master Lane will be offering a variety of training, including a community self-defense segment in which participants will learn how to respond in hostage and extreme crisis situations. All our students will have the chance to learn practical stand up to take down tactics as well as the mindset needed to overcome life-threatening attacks. Grand Master Lane is a highly sought-after tactical self defense instructor and one of Chuck Norris' top students.

Enjoy the journey of preparing for the exciting, motivating karate events ahead. As always, I look forward to being a part of your progress in the martial arts and welcome your questions.

Mark Your Calendars!

6/12-29 - Buddy Weeks!

6/18 - Father's Day

Thank you for your sharing
your strength, power,
confidence, and humility with
our dojo family!

**6/27-7/1 - AAU Karate
Nationals**

**7/1-4 - Independence Day
Weekend**

WE ARE CLOSED

**7/8 - Silent Auction Planning
Meeting at the Kline's house,
5:30pm**

Come be a part of making our
silent auction a success!

**7/27 - Danny Lane Super
Seminars presents:
Community Self Defense**

7/28-30 - Gasshuku
Limited enrollment available!
Requirements and cost TBA
soon. Guest instructor:
Master Danny Lane

Happy Birthday Spring/Early Summer Babies

4/2 - Xavier P.

Very truly yours,



Shihan Joni Sharrah

Tournament Report

Thank you to all supporters of the PN AAU Karate District Event!

As always, our event relied on the time and service of our wonderful volunteers. Thank all 30+ of you for helping make our tournament the success it is. Congratulations to our athletes who competed! In brief, our approximately 40 athletes brought home 15 gold medals, 18 silver, and 10 bronze. They all did a wonderful job and made us proud. Every athlete who attended is qualified to attend the upcoming AAU Karate Nationals in North Carolina and the AAU Jr. Olympic Games. If you are interested in these events, please let Shihan Joni know right away.

Congratulations also to the following athletes, who brought home medals from additional tournaments:

- Yoshida Cup - Abby K. (female, 18-34, Black Belt) 2nd kumite, 2nd kobudo, 3rd kata, Michael H. (male, 15-17, intermediate) 1st kumite, 2nd kata, Marcio R. (male, 12-13, intermediate) 3rd kata, Manny M. (male, 35+, novice) 2nd kumite, Emela M. (female, 18-34, novice): 2nd kata, Ian P. (male, 12-13, novice) 2nd kata, Andrew K. (male, 15-17, beginner), 3rd kata, 3rd kumite
- Ozawa Cup - Andrew K. (male, 15-17, beginner) 1st kata
- Hayashi-ha Cup - Abby K. (female, 18-34, Black Belt) 2nd kumite, 3rd kata, Andrew K. (male, 15-17, beginner) 3rd kata
- AAU Inland Empire - Abby K. (female, 18-34, Black Belt) 2nd kobudo, 3rd kata, 3rd kumite, Andrew K. (male, 15-17, beginner) 1st kata, 3rd kumite, Ian P. (male, 12-13, novice) 1st kata, 1st kobudo, 2nd kumite, Bruce P. (male, 10-11, novice) 1st kumite, 3rd kata, 3rd kumite, Euan D. (male, 10-11, novice) 1st kata, 2nd kumite, Calen D. (male, 8-9, novice) 1st kumite, 2nd kata, 2nd kobudo
- Franco Cup - Tony W. (male, 18-34, Black Belt) 2nd kobudo, 3rd kata, 3rd kumite, Abby K. (female, 18-34, Black Belt) 1st kata, 1st kumite, 1st kobudo, Adult Grand Champion: Kata, Rob H. (male, senior, Black Belt) 3rd kata, 3rd kumite, Michael H. (male, 16, brown belt) 1st kata, 1st kumite, Nicolas B. (male, 13, brown belt) 1st kumite, 1st kobudo, 3rd kata, Maya B (female, 12, brown belt) 1st kata, 1st kumite, Rebekah D. (female, senior, green belt) 1st kata, 2nd kobudo, Troy B. (male, senior, green belt) 1st kobudo, 2nd kata, 3rd kumite, Manuel M. (male, senior, green belt) 1st kata, 2nd kumite, Bonnie Y. (female, 13, green belt) 1st kata, 1st kumite, Rita C. (female, 12, green belt) 2nd kata, 2nd kumite, Emela M. (female, 18-34, purple belt) 1st kata, 1st kumite, Andrew K. (male, 16, brown belt) 3rd kumite, Ian P. (male, 13, purple belt) 2nd kumite, 3rd kata, 3rd kobudo, Euan D. (male, 10, purple belt) 1st kata, 1st kumite, Calen D. (male, 9, purple belt) 2nd kumite, Molly B. (female, 7, blue belt) 1st kata, 1st kumite
- Canada Open - Abby K. (female, 18-34, Black Belt) 1st kata, 2nd kumite, 3rd kobudo, Ian P. (male, 12-13, novice) 1st kata, 2nd kumite

Our athletes have had a stellar spring season!

4/3 - Mark N.
4/5 - Magdalena O.
4/10 - Flora K.
4/19 - Alexi C-V.
4/20 - Josh D.
4/22 - Lyle H.
4/25 - Peggy C.
4/27 - Jesse R.
5/1 - Marty J.
5/11 - Declan H., Ethan H.
5/17 - Mateo A.
5/21 - Andres R.
5/28 - Mateo D.
6/4 - Aki I., Ben I.
6/5 - Nicolas B.
6/6 - Nick B.
6/8 - Brittany F.
6/11 - Rob H.
6/14 - Calen D., Nathaniel S.
6/19 - Jody H.
6/21 - Cassis J.

Congratulations Graduates!

Congratulations to our recent university and high school graduates. We're proud of you!

University:

Abby Knapp
Sara Mar

High School:

Dane Pray
Mika Notermann
Thomas Marbut

Staff and Volunteer Update

Since April, we've had a change in our staffing and bid Sensei Ryan Hoy farewell when he started a new full-time job in Bellevue. We miss him and his steady leadership at the dojo.

Welcome Sensei Abby Knapp.

Everyone who meets Abby feel her pure spirit, passion, and commitment toward karate-do and we're proud and lucky to have her join **Sensei Dane Pray** staff.

Special Thanks to our consistent volunteers!

Adults:

Sensei Jon Hie
Sensei Irwin Batara
Sensei Tony Wilson

Important Notices for ALL Students

Please note the following change in the class schedule:

All regular classes will be cancelled July 27, 28, & 29 for the Danny Lane Super Seminars. Special pricing will be offered to our students, Black Belt Club members, and Black Belts. More details TBA.

Buddy Weeks for the rest of June! Family and friends that train together progress more consistently and have more fun!

From June 12 through the end of the month, we invite you to bring friends and family to try out karate. You'll earn \$5 in Buddy Bucks for each new face that tries a class. Buddy Bucks can be applied to tuition or retail purchases and do not expire!

New buddies only, please. *If your friend/family member has tried out classes in the past 24 months and would like to return, please encourage them to start a trial program!*

Have your buddy fill out a pre-enrollment form and encourage them to wear something loose and comfortable to class.

Senpai Rob Harrill
Senpai Greta Hardin

Youth Leadership:

Eric D., Kyle D., Tavin P., Nicolas B., Marcio R., Maya B., Anthony V., and Dennis T.

Contact Us

Joni Sharrah
USA Karate Academy
206-440-5533

Policy Reminders & Updates

Check your Official Record Promotion Book and your New Student Handbook for details

Make sure we have your current cell/mobile phone number and email address!

Let us know if you/your student will miss class for any reason.

If you need to hold your space in the program while you are out for a month or more, let us know.

Visit our website! | www.usakaratedojo.com